

Discussion of Sr Champs Format Changes – 9/30/10
– George Massey, Sr Chair

Many coaches have suggested following, as close as possible, the national format. Below are some interesting differences and as you can see, if we were to mimic the event order as closely as possible to Jr/Sr Nationals we would have a considerably different looking meet.

Comparison to Eastern Zone Sectional Meet. Major differences.

1. Bonus events are allowed at Sectionals.
2. The Women's 1650 and the Men's 1000 free are swum on Thursday evening. The Women's 1000 and the Men's 1650 are swum on Sunday afternoon.

Comparison to Jr/Sr Nationals

1. Can not do an even comparison to long course because Jr/Sr Nationals is a five day meet.
2. Comparison to SC Nationals is better although this follows a 3 day format versus our 3.5 day format.
3. Event order is significantly different than Sr Champs:

<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
200 free relay	200 medley relay	1650 free (<i>afternoon</i>)
500 free	400 IM	200 back
200 IM	100 fly	100 free
50 free	200 free	200 breast
400 med relay	100 breast	200 fly
	100 back	400 free relay
	800 free relay	

The 1000 is not offered at this meet. I assume this is because it is a 3 day meet only – no Thursday evening.

4. See below for additional items to review and discuss with respect to format changes for Senior Champs.

Coaches, here at some additional differences that I see with respect to Nationals. Below are excerpts that I pulled out of the Jr National meet information.

Two courses will be used for preliminary heats at these championships.

Team Banners Team banners will not be allowed at these championships.
I would not recommend adopting this one.

Credentials

Restricted access to the facility will be strictly enforced. Please wear your credential at all times. There is a \$50 replacement charge for lost credentials.

Entry Fees: *Just throwing out as a comparison.*

\$15.00 per individual event

\$30.00 per relay event

\$20.00 per credentialed coach

Number of Events

A swimmer may only swim three (3) individual events per day (including time trials). A swimmer may enter any number of individual events in which the qualifying time standard has been met. All entry times must be proven. *This means swimmers can swim up to 9 events for a three day meet. We restrict our swimmers to six.*

Bonus Events

There will be bonus swims at these championships. *Each athlete entered in at least one individual event, may swim up to two bonus events during the championships, provided they have achieved the Bonus Time Standards.*

Membership Requirement

All persons expecting to receive a deck pass should be prepared to show a current USA Swimming membership card.

Non-members may join by completing the appropriate form and paying the required fee at a table adjacent to the registration desk. Coaches must provide proof of CPR, First Aid and Safety Training for Swimming Coaches or USA Swimming approved equivalents, and must have previously submitted to the required background check.

No swimmer will be issued credential without a coach member present. If the home club coach is not planning to attend event, swimmer must be assigned a supervising coach (per USA Swimming rule 202.3.2).

Ready Room

A Ready Room will be used at these Championships prior to each "A" finals heat. **Each swimmer in the "A" final must report to the Ready Room five minutes preceding the event.** Bonus, Consolation, and all Relay heats will report directly to their assigned starting block.

Awards Ceremonies

An awards ceremony will be conducted immediately after each event. The top three swimmers in each individual event, and the top three relays in each relay event, should report to the Awards Staging Area following the "A" Final for their event, and immediately dress in official team apparel for the medal ceremony.

Relays and Relay Check-In Procedures

A. Teams are limited to two relay entries in each relay event.

B. Qualification for the 4 x 50 relays will be the corresponding 4 x 100 relay time standards. **The 200 Freestyle and 200 Medley Relays will be swum as preliminaries and finals, with the preliminaries at the beginning of the preliminary sessions, and the top two heats advancing to finals at the beginning of the finals session.** The preliminaries will be championship seeded, with all women's heats swum before the men's heats.

C. **All other relays will be swum as timed finals at the end of that evening's finals sessions**

Distance Freestyle

A. Distance Entry - Any swimmer who qualifies for the 1650 yard freestyle events may enter at their fastest time **or at the qualifying time standard, if entered in two or more events on the day of the distance freestyle.**

B. Distance Check-in and Seeding - Entrants in the 1650 yard freestyle must check in and confirm their intention to compete before the scratch deadline in order to be seeded. Seeded heat sheets will be published at the end of finals the evening before. The swimmers will be listed in the psych sheet in the order of submitted times, beginning with the fastest (207.12.7).

C. With the exception of the fastest heat, the 1650 Freestyle events (timed finals) will be swum during prelims with the second fastest heat last, third fastest heat next to last, fourth fastest heat third from last and continuing until all heats are swum. Only the fastest (single) seeded heat of Women's and Men's 1650 Freestyle events will be swum in the final session. The starting time for each heat held during the preliminary session shall be scheduled so that the second fastest heat of the Men's event is concluded 60 minutes before the evening finals session is scheduled to begin.

D. **Swimmers may qualify for the 1650 Freestyle using the 1500/1650 time standards or the 800/1000 time standards.**